



# BREAST FEEDING

**ARE YOU BREASTFEEDING?  
CONSIDERING BREASTFEEDING?**

*Doing what is natural doesn't  
always come naturally.*

The Sierra View Medical Center Breastfeeding Resource Center can give you the information and support you need. Our Breastfeeding Resource Center offers outpatient support after hospital discharge and breastfeeding classes.

**FREE**  
TO THE  
COMMUNITY

## BREASTFEEDING CLASSES

### **DATES:**

Thursday, April 17	Thursday, September 18
Thursday, May 15	Thursday, October 16
Thursday, June 26	Thursday, November 20
Thursday, July 17	Thursday, December 18
Thursday, August 21	

### **TIME:**

4 PM - 5:30 PM

### **WHERE:**

**Breastfeeding Resource Center**  
263 N Pearson Dr. (2nd floor)  
Porterville, CA 93257

*Outpatient appointments are available in the afternoons.*



**FOR MORE  
INFORMATION**

(559) 791-3701



**SIERRA VIEW**  
MEDICAL CENTER  
Maternal Child Health